

# VOLUNTEER FOR L.A.V.P. LOS ALAMITOS VOLUNTEER PROGRAM

Youth Ages 11-17 yrs

- Get involved in the community.
- Participate in community service projects in Los Alamitos & surrounding communities.



- Learn job skills and gain valuable experience in the field of recreation and community service.
- Assist Recreation Staff in citywide special events, day camps, park programs, sport leagues and more.
- Participate in job training and leadership workshops and CPR/First Aid training.
- Designed to assist students in completing their community service requirements.
- Make friends and have fun!

**Cost:** \$35/year (includes t-shirt)

Application available at the Community Center, 10911 Oak Street.

Applications are accepted twice a year. Deadlines for applications are: October 31 & April 30

For additional information, please contact the Los Alamitos Recreation Department at (562) 430-1073.



# CHANG

ORTHODONTICS

## CHANG ORTHODONTICS

is proud to be the official sponsor of the Los Alamitos Youth Sports Program! Please visit us in person at 4608 Katella, Suite 201, Los Alamitos (562) 430-0541 or [www.changorthodontics.com](http://www.changorthodontics.com) for your orthodontic needs, including sports mouth guards!

### Pee Wee Basketball League

**6 Weeks** **5-7 yrs**  
 Register your child and see them in action! Recreation Department coaches will instruct boys and girls with individual and team basketball skills. Age appropriate basketballs and 7" baskets will be utilized. Teams will be formed with practices on Mondays/Tuesdays and games played on Wednesdays/Thursdays. Award and t-shirt are included. **No class 1/16 and 2/20.**

Location:	Oak Gym	Fee:	\$65
Class	Day	Time	Dates
1619-10	M/W	4:45-5:45pm	1/9-2/22
1619-11	T/Th	4:45-5:45pm	1/10-2/16



### Jr. Pee-Wee Olympics

**5 Weeks** **3½-4 yrs**  
 Can't decide which sport to enroll your child in? Why not try them all! This 8-week program is a great introduction for your little one to experience all the different type of sports. Two weeks will be dedicated to each sport (basketball, soccer, flag football, and t-ball) with the first week being taught in a clinic style setting and the second week dedicated to a game being played. Taught by Recreation Department staff, this program will emphasize fun and introducing the different sports to future stars! Awards and t-shirts are included.

Location:	Oak Gym	Fee:	\$70
Class	Day	Time	Dates
1642-10	Tues	4:15-5:00pm	1/17-3/06



### Pee-Wee Track & Field Clinic

**6 Weeks** **5-7 yrs**  
 Boys and girls will learn track and field skills with an emphasis on "fun-ditioning" (fun exercising). Participants will compete in the 50 meter dash, 100 meter dash, 200 meter dash, long jump and softball throw. Program will culminate in a Los Alamitos Pee Wee Track Meet. Awards and t-shirts are included.

Location:	Oak Field Track	Fee:	\$50
Class	Day	Time	Dates
1640-10	Wed	4:15-5:15pm	3/14-4/18

# Youth Sports

