

Swim in the pool you will race in!

The USA Water Polo National Training Center will be set up long course to help you train for your tri!

Dates:

Saturday, February 6

Saturday, February 20

Times:

8:00-9:30am

8:00-9:30am

11:30am-1:00pm

Cost:

\$4

\$4**

\$4**

**Free to pre-registered race clinic participants.

The USA Water Polo National Training Center is located at
11200 Lexington Drive, Los Alamitos, CA 90720.

(562) 795-2628