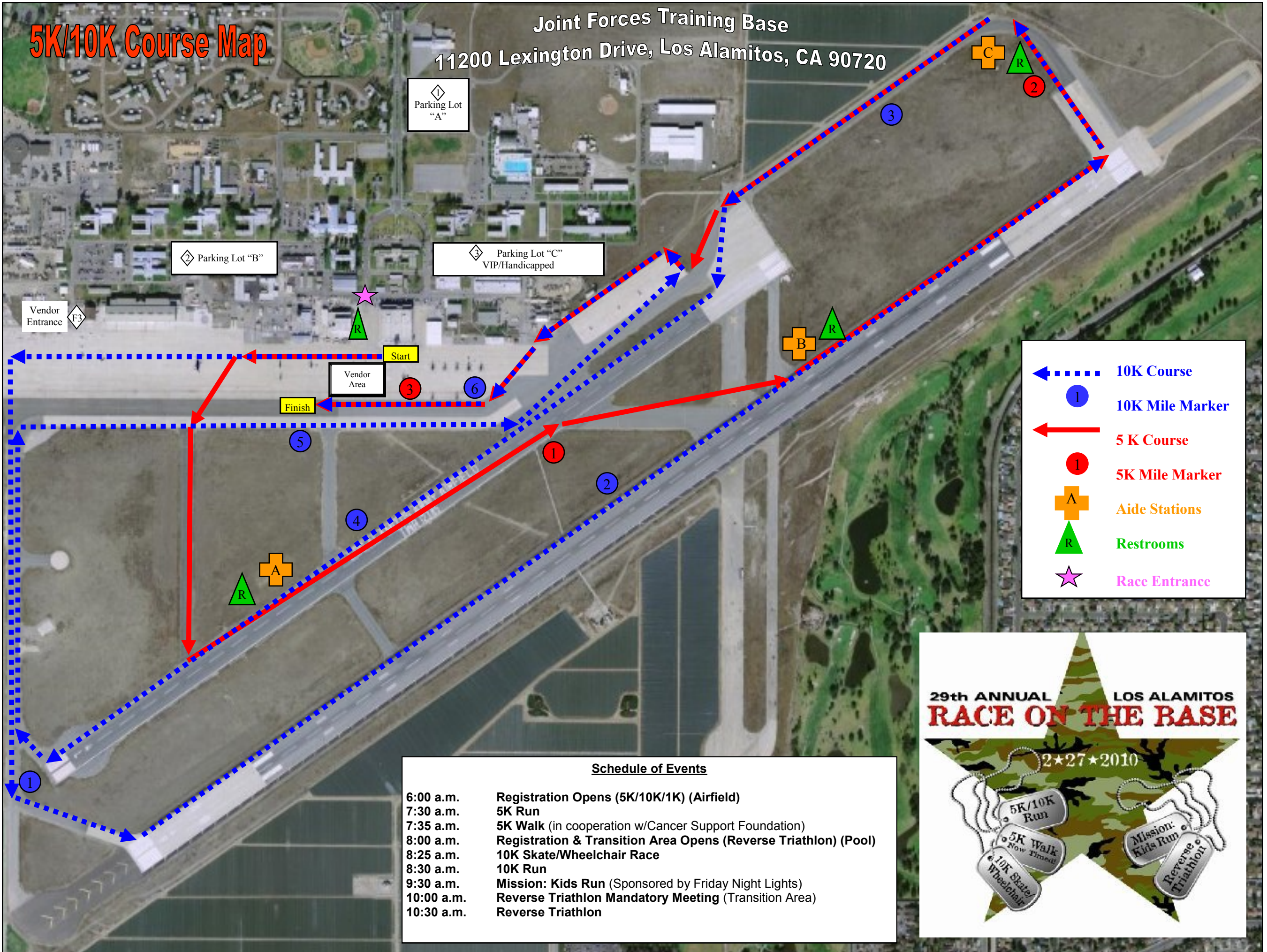


5K/10K Course Map

Joint Forces Training Base

11200 Lexington Drive, Los Alamitos, CA 90720



① Parking Lot "A"

② Parking Lot "B"

③ Parking Lot "C" VIP/Handicapped

Vendor Entrance F3

Vendor Area

Start

Finish

- 10K Course
- 10K Mile Marker
- 5 K Course
- 5K Mile Marker
- Aide Stations
- Restrooms
- Race Entrance

Schedule of Events	
6:00 a.m.	Registration Opens (5K/10K/1K) (Airfield)
7:30 a.m.	5K Run
7:35 a.m.	5K Walk (in cooperation w/Cancer Support Foundation)
8:00 a.m.	Registration & Transition Area Opens (Reverse Triathlon) (Pool)
8:25 a.m.	10K Skate/Wheelchair Race
8:30 a.m.	10K Run
9:30 a.m.	Mission: Kids Run (Sponsored by Friday Night Lights)
10:00 a.m.	Reverse Triathlon Mandatory Meeting (Transition Area)
10:30 a.m.	Reverse Triathlon

